VOLUME TWO, NUMBER SEVENTEEN

MISSION VIEJO, CALIFORNIA

November 2016

MASSIVE MUSTACHE

FORMER CAPISTRANO VALLEY HIGH TEACHER WINS COVETED TITLE



"Mission Viejo's Biggest Mustache"

Last month, Mission
Viejo Reporter caught up
with Former Capistrano
Valley High School
teacher Mike DeGeer
(1982-2011) and current
Capo Valley High School
teacher Don Cholodenko



Mike DeGeer and Don Cholodenko

while they were having lunch at **New York Deli** on Marguerite Parkway. It was there that we released the results of our poll to Mike and presented him with the title: "Mission Viejo's Biggest Mustache."

Mike taught special education and coached baseball during his wonderful time at Capistrano Valley High School.

Now, he enjoys reading, cooking, and taking long walks on the beach.

This year, Mike and his wife Paula will celebrate their 40th wedding

anniversary.

Our judge examining a resident's beard for signs of spiders

Highlights

Picking Up Dead Crows

Ask The City

School Of The Month

Restaurant Review Antonucci's

Message From The Fire Chief

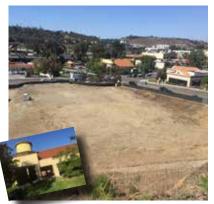


MISSION VIGO

The Mission Viejo Reporter promises fast, fair, and accurate reporting. If for any reason we fail to live up to these promises, please don't tell anyone.

Questions or Comments: 949.364.2309 • missionviejoreporter@gmail.con

Things are Changing at Avery and Marguerite



Robbins Bros. building and vacant lot

The noxious weeds have overtaken the former Robbins Bros Diamond store, but not for long. The building has been gutted and the new owners are planning big things for the popular corner.

Proposed modifications include partitioning the 5,321-squarefoot building to create three separate tenant spaces to include outside seating for possible restaurant tenants, and to update the building architecture.

On the opposite corner, demolition has completed on two existing buildings totaling 8,969 sq. ft. Soon we'll see new construction of a two-level 17,223 sq. ft. shopping plaza with auto spa, called GreenStreet Center. The project consists of three single-story multi-tenant retail buildings located on an elevated podium.



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MESSAGE FROM THE MAYOR

MISSION VIEJO

By Mayor Frank Ury

Providing a sustainable, clean supply of water for South Orange County is vital for our long term quality of life. This really hit home during my recent trip to the bay delta in Northern California, hosted by the Metropolitan Water District. Southern California should plan on a severely restricted supply of water from Northern California in



the future. We must come to grips with the fact that we need to monitor how much water we use and do everything we can to make Mission Viejo and the region more water sustainable.



Working together, leaders need to embark on additional storage projects and sustainable endeavors such as the Advanced Water Purification project recently completed for Lake Mission Viejo. The City has also replaced all of the park irrigation controllers in the city, which is projected to

save almost 100,000,000 gallons of water per year for the city, while keeping our parks green.

These are some of the reasons why I am running for the Municipal Water District of Orange County, Seat 6. Mission Viejo has never had a representative on this key water agency, and I would be honored to earn your vote on November, to represent Mission Viejo and all of South County in keeping our water flowing and our quality of life sustained.



FUNNY BUSINESS Government Is Not the Solution

By Colonel Greg Raths USMC (RET)(Mission Viejo City Councilman)



I don't have many regrets. Life has been good to me. I was born in the greatest land of freedom and liberty. I married the love of my life and was blessed with three wonderful children, and now grandchildren are arriving. I've flown the world's most advanced fighter jets launched from the decks of the world's most powerful aircraft carriers. Sure, there are some things I wished I had done, but being a standup comic wasn't one of them, until now. I doubt if I'll become another Jerry Seinfeld

overnight.

As I've talked to my Mission Viejo neighbors about the national issues of the day, I've sometimes wished that I could replace their anger and frustration with a smile. I wish I was full of jokes to make them laugh, but these really are the times that try our souls, aren't they?

- · A slow economy.
- · Growing debt.
- A loss of hope that had always before buoyed men's spirits.

Few see a light at the end of the tunnel for our country. For the first time in history, our youth don't believe that their future will match let alone exceed their parent's past. I wish I could promise to change all that, but then you would know I was just acting like every other politician who ever lied to you. The truth is that only We the People can change all that, and we can't begin to change it until we reduce government and get it out of the way. Ronald Reagan said it best: "Government is not the solution to our problem. Government is the problem."

MESSAGE FROM MAYOR PRO TEM MISSION VIF.IO SHITTIF



By Mayor Pro Tem, Wendy Bucknum

OCTA has offered a grant program for cities to develop more localized service, tailored to meet the needs of the local community, in an attempt

to increase ridership and provide a more locally focused transportation system. The **City of Mission Viejo** is participating in this program by introducing the "MV Shuttle". First, the shuttles will provide a means for residents to reach key destinations such as The Shops, Mission Hospital, Saddleback College, etc. Designated buses will also serve CVHS at start and dismissal times (route maps can be found on



city's website) Second, the shuttles will connect to Metro Link by providing transportation to and from the station. The idea is to have shuttles arriving at the station ahead of departing trains and likewise leaving after arriving trains have unloaded passengers.

The MV Shuttle will not be the traditional larger type buses, but smaller vehicles similar to the courtesy shuttles you see at

airports. The shuttles run on compressed natural gas (CNG) so they produce far less emissions than conventionally powered buses. The shuttles will be wrapped and branded with Mission Viejo themes to reinforce the fact that this is a local shuttle service. (See picture insert)



The service will consist of two shuttles running between the NPM Community Center and the $\,$

Metrolink Station at intervals of around 45 minutes. The shuttle will be FREE of charge for at least the first 90 days to encourage residents to give it a try. Service will run from 6:00 am to around 6:30 pm, Monday thru Friday. Look for the colorful GREEN MV Shuttle stop signs (see attached).





QUESTION FOR THE CHIEF:

How many Firemen watch over Mission Viejo at any given time?

ANSWER:

The City of Mission Viejo has 16 Firefighters on duty every day.

Fire Station 31 - 22426 Olympiad Rd

Fire Engine 31 - 1 Captain, 1 Fire Apparatus Engineer & 2 Firefighter/Paramedics

Fire Station 24 - 25862 Marguerite Pkwy

Fire Engine 24 - 1 Captain, 1 Fire Apparatus Engineer & 2 Firefighter/Paramedics

Fire Station 9 - #9 Shops at Mission Viejo

Fire Engine 9 - 1 Captain, 1 Fire Apparatus Engineer & 2 Firefighter/Paramedics

Truck 9 - 1 Captain, 1 Fire Apparatus Engineer & 2 Firefighters



Thank You,

John Abel Mission Viejo Fire Chief Orange County Fire Authority FROM OUR I'VE GOT TO KNOW DEPT.

ASK THE CITY





O. WE'VE HAD A STREETLIGHT BURNED OUT ON OUR STREET FOR MONTHS. HOW DO I GET IT FIXED?

A. Call Mission Viejo Public Services at 949-470-3095. Provide the address of nearest house or the intersection cross streets. If possible, take the time to get the pole # at the base. That's very helpful as it identifies the specific pole and makes it easier to locate in the system (In this photo it's 208). Public services will report to SCE or SDGE as appropriate. Viejo Mission **Public** Services will follow up with the utility agency to make sure it's been repaired.



FROM OUR PARKS & REC. DEPT.

INVESTING IN MISSION VIEJO

Not Just Another Nice Walk in the Park

Eldorado Park, home of the Mission Viejo Ice-Blocking Championship is located at Montevideo Elementary in one of the original neighborhoods off Jeronimo Road.



Photo: Jim Dante

The construction cost is \$563,191.00, and includes new hardscape, play equipment, irrigation and new landscape. The play equipment will meet all of the current safety and access standards and will offer a tall tower with a large slide. The project construction is due to be completed early



Eldorado Park Ice Blocking

November, and an Eagle Scout Project is scheduled following the construction to do the landscape planting in November. The city plans to have the park open for play by the end of the year. FROM OUR **METROLINK** DEPT.

<u>ALL ABOARD!</u> TAKE THE TRAIN

THE WEEKEND GETAWAY

Start your Mission Viejo adventure from the moment you board! Leave your car, skip the weekend traffic, and ride **Metrolink** to the beach, theme parks, ball games, downtown Los Angeles and beyond.



Metrolink's Weekend Day Pass gives you unlimited rides for only **\$10**. The pass is valid system-wide on either Saturdav or Sunday and is available for purchase at all Metrolink station

purchase at all Metrolink station ticket vending machines.



FROM OUR WEST NILE VIRUS DEPT.

PICKING UP DEAD CROWS

THE FAST, SAFE AND FUN WAY

Orange County Mosquito and Vector Control tests dead birds for the presence of West Nile virus. West Nile virus is transmitted to people and animals through the bite of an infected mosquito. Mosquitoes acquire WNV when they feed on infected birds, and then pass the virus along when they bite humans.





Birds testing positive for West Nile virus are good indicators that the disease is present in the neighborhood. Residents are encouraged to report dead birds to Vector Control for testing.

The bird must be dead for less than 24 hours. If you are not sure if the bird you have found dead less than 24 hours before, look for the following clues:

- 1. The bird should not be stiff.
- 2. There should be no ants or flies covering the bird.
- 3. The bird should not have a foul odor.
- In addition, the bird should be intact.
 - a. No missing body parts.
 - $\textbf{b.} \ \text{No physical injuries}.$
 - **c.** Eyeballs must be intact (disease testing requires bird eye fluid).

Use caution if you must handle a dead bird:

- Do not touch dead birds with your bare hands.
- Wear gloves or use a stick to pick the bird up.
- Do not eat while handling the bird.
- Double bag the dead bird by placing it into one plastic bag and then placing that bag into another plastic bag.
- Wash your hands with soap and warm water IMMEDIATELY after handling the bird.

Call OCMVCD at (714) 971-2421

PARTY CRASHERS

Your Personal Mission Viejo Caterer

Meet Janell Robinson. She has made Mission Viejo her home since 1974. She started Hostess Helpers in 2003, and is dedicated to making your celebration the best that it can be. From a small gathering with a few friends to a wedding reception with hundreds, Janell and her staff make it easy for the host or hostess to sit back and relax, to enjoy their party.



We will help with food preparation, serving the guests, bussing the tables, and bartending, ensuring the host/hostess will enjoy every aspect of the event. If you are in need of caterers, DJ's, or party rentals, just ask Janell. She knows just about everyone in town.

The **Mission Viejo Reporter** asked a recent client of Hostess Helpers for their thoughts: "Throughout the event, Hostess Helpers took out the trash so there were no overflowing cans around. They also made

sure our leftover food was put away in zip bags or containers in the re-frigerator." -Rose L.

Call for a complimentary meet-and-greet and let Hostess Helpers help with your next party. **www.HostessHelpersoc.com**

Hostess Helpers

949-456-0197



FROM OUR LEARNING DEPT.

PRESCHOOL STILL GOING STRONG

MISSION VIEJO'S FIRST PRESCHOOL GETS NEW DIRECTOR

Located on the grounds of Mission Viejo's first church, Mt. of Olives, is the Robert H. Lange Preschool. The preschool is named after Pastor Robert Lange who was the first senior pastor at Mt. of Olives Church. Robert H. Lange Preschool has a



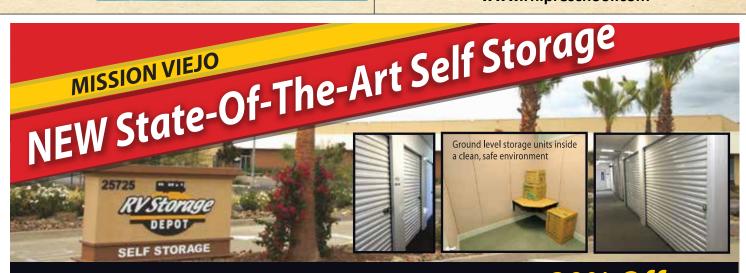
long solid history of well cared for kids. It's a Christian preschool where they focus heavily on social, emotional, physical and spiritual concepts.

Robert H. Lange Preschool has a new director, former teacher, **Hannah Nicks**. Hannah completed her preschool student teaching in 2014, and has been teaching at RHL ever since. Hannah graduated from California State University, Fullerton with a Bachelor's Degree in Child and Adolescent Development. Hannah is thrilled to begin her new journey as Site Director.

Call or email RHL Preschool:

949-837-2500 • RHLpreschool@moochurch.org.

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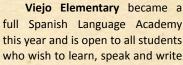
CALL, LOG ON OR STOP IN!

School of the Month

MISSION VIEJO'S SCHOOL OF THE MONTH: VIEJO ELEMENTARY

By Sarah Van Boerum

The **Mission Viejo Reporter** is proud to spotlight our city's schools and teachers, some of the very best in Southern California.





fluently in both English and Spanish, making it the first of its kind in Mission Viejo.



The school curriculum is the same as any other elementary school that is found in Southern California, except that every subject is first taught in Spanish. Three of my children are currently enrolled in the program and I have been very impressed as I have watched their language skills flourish, allowing them to communicate with confidence and have a true foundation and knowledge of both languages.

Viejo's principal, **Jesus Becerra** has taught various grades and served as both assistant principal and now as the current principal at Viejo Elementary. Mr. Becerra

has worked hard with teachers and parents to create an environment of both learning and fun, making sure that his students have a variety of opportunities to learn and grow. We are proud to have Viejo Elementary in our city!

FROM OUR RESIDENT OF THE MONTH DEPT.

PEOPLE MAKERS

MISSION VIEJO COUPLE MASTER THE ART OF PROCREATION



Meet **George** and **Margaret Cooper**. For the past 30 years they have lived in the Casta del Sol neighborhood here in Mission Viejo. They were married 67 years ago in 1949.

George served in WWII as a Bombadier and Gunner in a B-17 Bomber Flying Fortress. That's the guy in that little cramped area in the front of the plane. His job was to kill Germans from the air... George was good at his job.



After the war, when George and Margaret were married, they both wanted a large family, So, they began to churn out kids, one after the other. Today, George and Margaret, have 9 children, 25 grandchildren, 35 great

grandchildren, and one great, great-grandchild. They will both be 92 years old this year. George has been a proud member of Rotary for sixty years.



Gunner

FROM OUR **CLOSENESS** DEPT.

BABIES AT THE BARRE

MISSION VIEJO MOMS DISCOVER NEW FUN

So a baby walks into the bar(re), well, hitches a ride... and giggles as mom exercises for an hour of fun and fitness. As a new mom, you're busy morning till night, but that doesn't mean you can't squeeze in an effective workout in a bright airy studio with picturesque views of Lake Mission Viejo.

Located on the upper level of Market on the Lake, **Xtend Barre** (Pronounced "bar")

introduces their new "Babies on Board" class, a place where new Mission Viejo moms experience a fun, safe, and highly effective workout and it delivers! The **Mission**



Viejo Reporter witnessed a class of moms with babies strapped on tight ready to get physical. Word has spread fast about a program that allows for an hour of "me time" while bonding with baby, and the opportunity to connect with other new Mission Viejo moms. Meet you at the Barre!

"As a mom and educator, I know firsthand how important it is to make yourself a priority when it seems like taking care of a new baby is all consuming. Exercise also produces those wonderful endorphins, which research has shown can reduce incidence of postpartum anxiety and depression!"

- Babies on Board veteran Nicolle Kasch, founder of Hypnobirthing OC



Xtend Barre will be hosting free classes: Thursday Nov 10 at 11:00 AM Saturday Nov 12 at 11:30 AM For more information call 949-338-8844 and visit www.xtendbarremv.com 27772 Vista del Lago, Mission Viejo

FROM OUR HEAD IN A JAR DEPT.

OUTLAW JOAQUIN MURRIETA

"THE ROBIN HOOD OF MEXICO" HIDES IN MISSION VIEJO

The Wilderness Glen that runs along Los Alisos was once the private ranch road that ran towards the canyons. According to legend, the notorious 19th Century Outlaw Joaquin Murrieta on his way up to San Francisco area used the Sycamore tree near the road for a hiding place.





EXHIBITED
TOR BARE BAY ORDER

AT THE STUCKTON BURSES

THE HEAD

JOACUINS

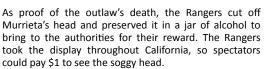
BAND OF TERES FORGERED JACKS



Joaquin Murrieta (1829–1853), was a famous figure in California during the California Gold Rush of the 1850s. Depending on the point of view, he was considered as either an infamous bandit or a Mexican patriot.

The state promised California Rangers a \$1,000 Governor's Reward if they captured Murrieta. On July 25, 1853, a group of Rangers

encountered Murrieta near Arroyo de Cantua near the Coast Range Mountains of Coalinga, and, in the confrontation, the Mexican was killed.





FROM OUR COMMUNITY DEPT.

LACK STALLION

SERIOUS THERAPY DRESSED LIKE FUN

The Shea Center, although it is located in San Juan Capistrano has a big connection to Mission Viejo. Here is the breakdown. There are 55 Rider/Clients, 30 Volunteers and 2 Shea Center Board Members who are all Mission Viejo residents

The Shea Therapeutic Riding Center is focused on a single mission: Improve the lives of people with disabilities through therapeutic horse-related programs. While walking on the facilities grounds you might run into a handsome Labrador/Golden Retriever named "Emerson" who is actually sponsored by the Mission Viejo Rotary. One of the highlights on any Shea Center tour is meeting Emerson. He can practically talk, he knows hundreds of words and is a crowd pleaser with the kids of the Shea Center.





It is a beautiful facility and the Center's staff are highly skilled in utilizing therauputic programs to address more then 60 types of physical and cognitive disabilities. They also have a financial aid program addressed to helping military families with special needs members.

Like to know more? Go to www.sheacenter.org To arrange a tour, call 949-240-8441, ext. 109.

FROM OUR BROKEN BONES DEPT.

MISSION VIEJO'S NEWEST BUSINESS



Last month the Mission Viejo Reporter toured the newest business in Mission Viejo, Marque Urgent Care. Located next to Saddleback Lanes and Trader Joe's, this facility has it all.

Our tour guide was Bree Ogden, she gave us the red-carpet treatment. A beautiful entry and check in area, four large patient

rooms, surgery room, play room for kids while they wait, and a qualified staff of about five all day and night.

Just a few days after Marque Urgent Care opened they were already busy. Here is a breakdown of ailments on an average day

tsworken 23mpHimbdes in Neck (1) Bladder Infection/UTI (6) Strep Throat (3) Cough (1) Stiches/Laceration (2) Food Poisoning (1)

Head Cold (4) Pink Eye (1) Skin Reaction (1) Fever (1) Abdominal Pain (1) Concussion (1)

MARQUE URGENT CARE

25482 Marguerite Parkway, Suite 101 Mission Viejo, CA 92692

Hours: Mon-Sat 7 AM - 10 PM and Sun 8 AM - 6 PM.



FROM OUR **LEARNING** DEPT.

SUPPORT FOR LOCAL CHILDREN AND FAMILIES WITH AUTISM

Advanced Behavioral Learning Environment or ABLE has made a home in Mission Viejo with the goal of providing services for children and adults with Autism The Mission Viejo Reporter learned last month of the home based services provided by ABLE. ABLE is one of the only providers of ABA services based in Mission Viejo. ABLE

is a source of hope for families throughout Southern California and is run by a team of educated and experienced professionals who are ready to help families assess and identify a range of services that will promote



their child's greatest Advanced Behavioral Learning Environment, ABLE potential.

The founders of ABLE are two local healthcare professionals with a passion for Behavioral Health who identified a need for high quality services in the local area centered on the long term success of ABA therapy.

ABLE's services offer in center, in home, community and school based services and provides caregiver and classroom training throughout the community. They collaborate with physicians, and local colleges to provide internships for those pursuing careers in the field of autism.

You can reach ABLE ABA for questions about our services, for a consultation or support: info@ableaba.com - www.ableaba.com - 949-420-4645

ASK THE CHAIRMA



with Planning Commission Chairman David Mansdoefer

SPEED HUMPS or SPEED BUMPS

Q: The crazy teenagers drive too fast down the street. How can I get speed bumps installed?

All the following conditions are required per the City of Mission Viejo's Speed Hump Policies, Guidelines and Procedures.



- Signatures of 67% of street residents indicating support
- 2. Street segment must be at least ¼ mile long
- 3. Legal speed limit is 25 mph
- Radar survey shows more than 15% of motorists exceed 32 **MPH**
- 5. Paved width is 40 feet or less
- 6. Street shall be no more than one lane in each direction
- 7. Average traffic volume greater than 2,000 vehicles per day
- 8. Street has grade of 5% or less
- Roadway must have adequate sight distance
- 10. Orange County Fire must approve Any other questions call 849 470-3068

Thank you. David Mansdoefer Chairman, Planning Commison





SOUTH COUNTY LEXUS PRESENTING

ATHLETE OF THE MONTH

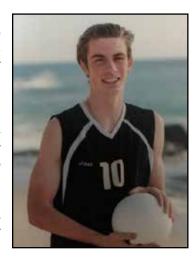
Evan Lanning

Volleyball - Capistrano Valley High School

Evan Lanning has spent his entire life in Mission Viejo and he is currently a senior at Capistrano Valley High School where he is demonstrating his natural athletic prowess as a 6'4" Outside Hitter on the Boys Varsity Volleyball Team.

He was named MVP of the 2014 Frosh/Soph team, MVP of the 2015 Junior Varsity team, and as a Junior last season was named to the All-League 2nd Team after helping lead the Cougar varsity volleyball team to an undefeated 2016 season.

He has previously played for the 16U and 17U teams at 949 Volleyball Club, and he looks forward to returning for his 2017 senior-year varsity volleyball season, to once again capture the Seaview League Championship.



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If my computer is stolen from my car will my auto insurance cover it?





Auto insurance Collision and Comprehensive cover just the car. Personal property, like a computer, purse, sunglasses, jackets etc... would be covered on a Homeowners, Renters, or Condo policy. Remember to ask your Agent for an insurance review to make sure that you don't have holes in your protection.

Victoria Avery has been an Allstate insurance agent for over 30 years. Victoria lives in Mission Vieio. Is past president of the Mission Viejo Rotary Club and graduated from Mission Viejo High School, and Saddleback College.

Victoria Avery 949/552-2111







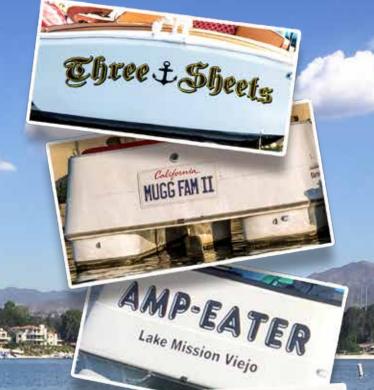


Canine Cruiser







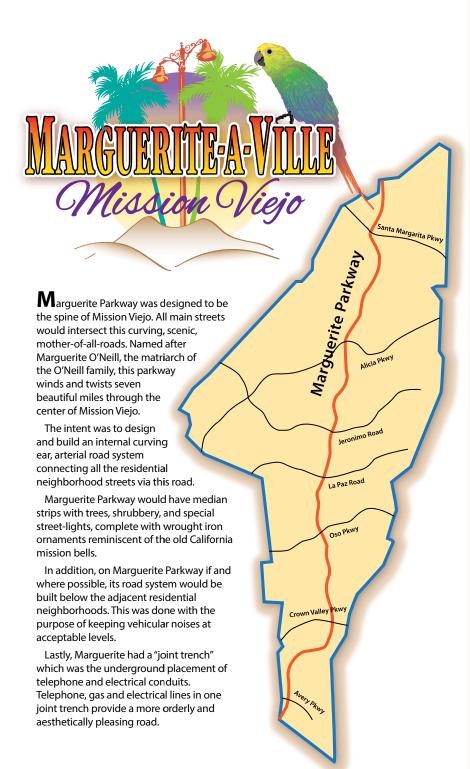




RECOVERY ROOM
LAKE MISSION VIEJO



BOATS OF LAKE MISSION VIEJO BOATS ON THE WATER



Marguerite Parkway near Crown Valley



Mission Viejo's first elementary school was named for the ranch matriach,

Marguerite M. O'Neill.





The Mission Viejo Reporter asks the question. Who motivates the motivator?

Humility always wins!

- Mike Miola

- Senior Pastor Mission Viejo Christian Church

The Buck Stops Here - Harry Truman

Real knowledge is to know the extent of one's ignorance. - Confucius

- Sal Faso owner Delizies Ristorante

Do not follow where the path may lead, Go instead where there is no path and leave a trail - Ralph Waldo Emerson

- Dennis Wilberg, Mission Viejo City Manager

Talent is God given... be humble. Fame is man-given... be grateful. Conceit is self-given... be careful - John Wooden

- Mission Viejo Division Fire Chief John Abel

Whether you think you can or think you can't, you're right. -Henry Ford

- Leroy Sabre President of the Mission Viejo Chamber of Commerce

It's amazing what you can accomplish if you don't | care who gets the credit. - Harry Truman

- Wendy Bucknum, Mission Viejo Pro Tem Mayor

Perfect is the enemy of good - Voltaire -Mission Viejo Mayor Frank Ury

When you get to the end of your rope, tie a knot in it and hang on - FDR

- Mission Viejo Commissioner Steve Spillman

"Follow your path with all your heart!"

- Brian Goodell
- Olympic Gold Medalist

It can be done - Ronald Reagan
- City of Mission Viejo Recreation Director Mark Nix

Happiness comes from the capacity to feel deeply, to enjoy simply, to think freely, to risk life, and to be needed - Margaret Storm Jameson

- Former Mission Viejo Mayor Sherri Butterfield

Be brave enough to stand up for what is right, although it may not be popular or easy and even if you stand alone

- Former Mission Viejo Mayor Trish Kelley

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy

- Rev. Martin Luther King, Jr.
- Mission Viejo Council Member Greg Raths

FROM OUR LOCAL STARS DEPT.

MAKING READERS LAUGH

"Drabble" Creator First Published the Comic Strip in 1979

By Sarah Van Boerum

Mission Viejo resident and cartoonist Kevin Fagan, creator of the comic strip Drabble, has been making people laugh at his drawings and witty comic strips since he was a young man. His career began when he attended Saddleback College, where he began drawing cartoons for the school paper about the adventures of a nerdy college student,



drawing inspiration mostly from himself. He later moved to Sacramento State where he continued to hone his skills as a cartoonist, again for the school paper, and then began to submit his work to see if he could get published. "I sent in my work to many of the syndicated newspapers and they all said no, except for one. At 21, I was the youngest cartoonist

to sign on with them."



Drabble was first published in 1979 and is now published in over 200 papers. The hilarious comic follows the life of parents Ralph and June (better known to readers as Honeybunch), along with their three kids Norman, Patrick and Penny, as well as their spunky mini dachshund Wally.

All of the characters mirror Fagan's real life, as he and his wife Cristi have raised three children together and now have two grandchildren, all of whom have provided most of the inspiration for his work. "Norman was me for many of my college years and then as my life changed and I had my own family, Ralph's role as the father took on more meaning." His work is published seven days a week ,and he hand draws every strip, noting that he does not do repeat printings. That means Fagan has been churning out original content every day of every year since 1979! His wife Cristi does most of the editing, taking a look over each strip and then scanning them into the computer before final publication. Fagan always carries around a spiral notebook to jot down ideas and drawings, as they can come anywhere at anytime. He is happy knowing that his work brings laughter and joy to others and looks forwards to sharing the Drabble family with



BLESSED SMILE

Mission Viejo



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FROM OUR HIT-IT-OUT-OF-THE-PARK DEPT.

Mission Viejo Softball League Scores Big

By Jessica Estrada

By Jessica Estrada
Nine-year-old Izzie Kopstein is playing softball for the very first time this season with Mission Viejo Girls Softball (MVGS). She plays at the fields on William S. Craycraft Park (formerly Alicia Park). As she's getting ready for her first at bat, Izzie asks the coach, "So what do I do if I hit it?" "Run", he says. Then Izzie slammed it on the first pitch. It took only a moment for softball to become Izzie's favorite sport. Ask any girl playing there, and you'd likely get a similar story.



Craycraft Park is one of the nicest parks in Orange County. It has four lighted softball fields, two batting cages, two lighted sand volleyball courts, a playground, restrooms, a snack bar, a picnic area and BBQ grills. Two of the four softball fields are home to stadium seating previously found at Saddleback College for the fans of former minor league baseball team Mission Viejo Vigilantes, who last played in 1998.

Girls are eligible to play for MVGS as young as 4 $\frac{1}{2}$ years old, in the 6U division, and up to age 15, in the 14U division. Each spring season, there is an average of 30-35 teams of 10-12 girls. The season runs from February – April.

According to the Women's Sports Foundation, research shows sports teach girls teamwork, leadership, and confidence – all important life skills. Sports benefit girls physically, academically, socially, emotionally, and psychologically. That's not all. Time spent cheering on other teammates forms bonds that last a lifetime. Friends soon become like family, and parents of the players agree. Coach Leeann Liana said, "I'm so thankful for my Lex playing softball. It brought wonderful friends into my life."

High School softball player Emily Pufahl, whose sister plays for MVGS, has come up with a plan to give back to the community using her softball skills. Starting in 2017 she will run the CHAMPs division to benefit girls who are challenged mentally and physically. She will utilize girls from the older divisions in MVGS to assist her in teaching the sport to girls with special needs.



Girls interested in playing, in each age division and skill level, can sign-up now for the spring season: www.mvgs.org.

Registration is open until December 18, 2016. Skills day is Saturday, January 7 for evaluation purposes. All girls will be placed on a team, and opening weekend is February 25-26, 2017.

FROM OUR CRIME AND PUNISHMENT DEPT.

SSION VIEJO IS SAFEST

A recently released report by ValuePenguin.com, a personal finance and research and analysis website, ranked California towns based on a variety of FBI crime metrics, including property-based crimes, like burglaries and vehicle thefts, and violent crimes, including rape, robbery and aggravated assault.

Safest Places in California (2016)

Large over sox	Mid-sized 25x - 60x	Small 8-26
1 San Ramon	1 Rancho Santa Margarita	1 Inperial
2 Mission Viejo	2 Aliso Viejo	2 Laguna Woods
II Laguna Niguel	2 Los Altos	3 Los Altos Hills
4 Yorba Linda	4 Saratoga	4 Kensington
Lake Forest	5 Danville	5 Hillsborough
San Clemente	6 Lincoln	Palos Verdes Estates
7 Irvine	7 Moorpark	Clayton
B Murrieta	II Foster City	Moraga
9 Chino Hills	9 Welnut	V Orinda
10 Thousand Oaks	10 Rancho Palos Verdes	10 Atherton





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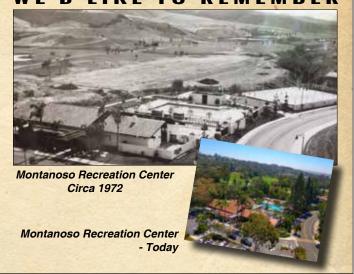


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FROM OUR FOOD IN A BOWL DEPT.

With Kathy Kuiper GET POKED

I first discovered Poke Bowls at a place in HB a few months back, and I've been looking for a local spot ever since. I searched Yelp since that's my "go to" spot to find restaurants, and there I found **FINS Poke Fusion**. Just before the lunch rush, I went in and introduced myself, and, as you can see, they let me help make the bowls. There are so many choices and different sauces to keep it interesting, too. I added almost every single ingredient to my bowl and topped it with lots of jalapeños. I went back the next day and the day after that.

The owners bought this place, a former Sushi restaurant and gave it a cool, tiki bar theme; it has a great vibe. They're expanding soon and opening additional locations, and I'm thrilled that they'll be getting their liquor license within the month because I love Sake with my sushi.

You can either build your own bowl or choose from one of their signature bowls, which are all fantastic. The ingredients are super fresh,

and there are lots to choose from. They offer a peewee size on up to a Big Kahuna, which I always order, and usually have some leftover for lunch



the next day. The best special is "Taco Tuesday" which is \$1.50 tacos with your bowl or \$2.50 per taco if you don't buy a bowl, which is still a great deal. The sauces are especially delicious, and my favorite is the Molokai. The employees seem genuinely excited to work there so they must be doing something right.

They also have a craft soda machine which is really fun for my kids.

FINS Poke Fusion is located at 28251 Marguerite in beautiful Mission Viejo

FROM OUR SIZE MATTERS DEPT.

ELKS STATUE King of Statues

There are similar Elks statues at other Lodges around the country, but none as magnificent as the Mission Viejo bronze elk. Standing eight feet above the pavement and looking out over the safety of the members inside, this gigantic elk weighs over 1,000 pounds. The organization couldn't use charity funds for the statue, so a collection was taken among

interested Lodge members and they raised enough money to erect the statue.

Members decided it would look better at the building entrance off the parking lot rather than out front on Marguerite Parkway and risk an accident or theft.

For the first few days the Elks had this bronze beauty, it was proudly displayed on their float in the Lake Forest 4th of July Parade.

Then was installed at the Lodge the following week where it now proudly stands welcoming all.



The Mission Viejo Bronze Elk



ESTAURANT REVIEW

ANTONUCCI'S CELEBRATES ANNIVERSARY IN MISSION VIEJO!

We have seen many restaurants come and go in house favorites like chipotle our community. How many stand the test of time? Well, that's an easy answer, only the good ones! Great food, outstanding customer service, the best in take-out, catering, and special events, and a great local place to meet family and friends are the requirements to be able to stick around.

Antonucci's Restaurant fits that description and is a Mission Viejo Landmark. Established in 1976, Bob and Michelle Canori bought it from the original owners in 2001. Most of the staff from the 70's has remained including the loyal customer base. Generations of locals visit Bob regularly. He is at the door to greet each customer personally, while Michelle is behind the scenes creating her delicacy version of cannoli, which by way, is NOT to be missed. The Canoris want their customers to feel like extended family in a warm and welcoming ambiance that is 'close to home', which is just the right cherry on top to be able to keep a good thing going.

This authentic Italian restaurant is true to the dishes people love using recipes from the original owners this has proved to delight customers for years. All dishes are prepared individually 'pan to order', the old fashion way to ensure it is prepared to perfection. The homemade lasagna is fantastico with the right blend of spices and melts in your mouth. The menu doesn't stop there and is extensive with

chicken pasta and gnocchi that is sautéed in fresh garlic, basil and plum tomatoes. Salads are crisp and very fresh with organic ingredients and topped with tangy homemade creamy Italian dressing.

The food is consistently good, and customers receive what is expected which is the right ingredients for staying power in the OC. They have a full bar and nice space to meet for a drink with a classic martini

menu and many delicious starters. It is fit for many occasions as a dress up or down place that you can stop in after a game or have a lovely date night.

Reservations are suggested Friday and Saturday evenings. All Day Happy Hour Saturday and Sunday beginning at 11:30 AM. Happy Hour from 4-7 pm Mon-Fri. Plenty of parking and easy to

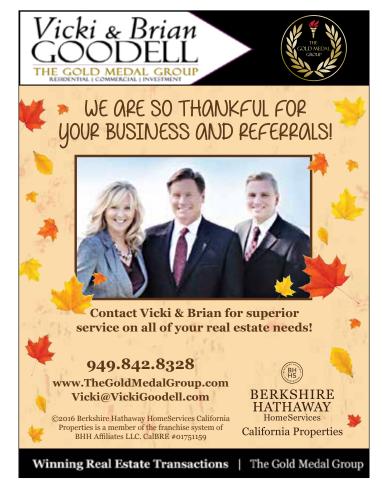
Antonucci's 24190 Alicia Parkway Mission Viejo 949 472-4332



Reviewed by Cynthia Ryder

Come in and join this local favorite for great food and we'll bet you'll become a 'regular'. Buon Appetito!







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FROM OUR MOSTLY DEAD DEPT.

GRANT CHAMBERS DIES IN MISSION VIEJO... And Lives To Tell About It!

After speaking in two states and three cities in three days, **Grant Chambers** was running through the Seattle Airport to catch his connecting flight to John Wayne Airport. He felt exhausted, and, for the first time in his life, Grant felt the need to flag down a golf cart to take him to his departure gate. He finally arrived at his home in Mission Viejo shortly after midnight. Little did he know that he would die within the next 24 hours.

Grant slept until noon that day. Upon waking he still felt an overwhelming sense of tiredness. He decided to go see his doctor. Dr. Cassedy immediately hooked him up for an EKG and, after one quick look at the monitor, picked up the phone and called 911. Being loaded into the ambulance was the last thing Grant would recall for seven days.

He was whisked into surgery at Mission Hospital; however, his heartbeat was so out of control the procedure was stopped. The doctors would wait for his heart to stabilize and give him some time to gather strength before proceeding. It was not to be. His heartbeat became so erratic that it finally stopped. Grant flat lined. CODE BLUE went out over the loudspeaker. Fast forward seven days.

Grant woke up to find two doctors and his wife Judy standing at the foot of



his bed. A series of questions to establish coherence started with, "Do you know where you are?" "What is your birthday?" "What year is this?" "Who is President of the United States?" Once the doctors established Grant was mentally capable of carrying on a conversation, the medical story unfolded. Grant had received double by-pass heart surgery the night before. He had spent 6 days in the ICU before his heart stabilized enough to operate.

Those six days were longer than any other patient ever spent in ICU and lived. When first brought in, he was having a heart attack. Then his heart stopped. Code Blue had been performed with no success. One of the doctors at the foot of his bed asked Grant "Did you have a dream?" "YES", was his answer, he dreamed he was standing behind his wife, everything else was in total darkness, everything was in total silence. Then, the most unusual and incredible thing happened.

The **Mission Viejo Reporter** asked Grant if we could share his story because it would be especially helpful for people to hear it because his heart attack didn't feel like a heart attack. He didn't feel pressure on his chest, or pain, or numbness in his left arm, and he ignored the tiredness.

Grant told us how fortunate he was to have been taken to Mission Hospital. He believes he owes his life and excellent recovery to each of the doctors and nurses at Mission Hospital who cared for him and to his wife who prayed for him when his heart stopped.

Grant and his wife Judy, who holds a PhD in Organizational Development and a Master's degree in Psychology, have decided to share what happened during those heart-stopping moments here in their own hometown. Both Grant and Judy have spoken nationwide on a variety of business/work-related topics. The FREE SEMINAR will introduce 4 subjects for your future consideration. The Generation Gap and how it affects productivity and morale, Emotional Intelligence and how you can enhance your EQ, Interruptions and Distractions caused by technology and social media during working hours and what some companies are doing about it, Communication Skills & Public Speaking. Research tells us that the number 1 desired skill set for every manager, leader, and entrepreneur is communication skills (both verbal and written). When was your last class in Communications? Future Mission Viejo seminars will be available for sign up.

WEDNESDAY, NOVEMBER 16th 6:30 PM – 8:30 PM
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