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EDITORIAL STAFF

EDITOR & PUBLISHER Dave Leckness

LAYOUT DESIGN

PRODUCTION MANAGER

Travis Brenier

Jason Givin

PROOF READER Joanne Suttile

NATIONAL AFFAIRS DESK **Dr. D.L. Avery**

REPORTER Kathy Kuiper

REPORTER Cris Wilson

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SMART COOKIE EVER



by Trish Kelley Community of Character

Our character focus for August is the quality of **Self-Control**. This is a very important quality to develop for children (and adults!) It involves having control over your feelings and actions, and restraining your own impulses, emotions, or desires. Self-control can keep us on course and help us to avoid making bad decisions. It includes self-discipline--the ability to control and motivate yourself, stay on track and do what is right. Self-discipline is required in practicing an instrument or a skill, obeying rules, and setting and achieving goals. A concept called "STAR" is helpful in learning and maintaining self-control. S.T.A.R. stands for: Stop, Think, Act, Review, and is useful as a decision-making tool which can be used when one is faced with a situation or decision. The four steps are:

- stop! Do not react immediately. Wait for a few moments or force yourself to revisit the situation later.
- hink about your choices and the consequences of each choice.
- ct responsibly and carefully.
- Review your action to determine if it was a good choice or not.

Parents and grandparents can teach the S.T.A.R. process to their children to provide them with a tool which may help them to resist peer pressure and to make better choices. But the tool is also helpful for adults too! The philosopher, Seneca, once stated, "Most powerful is he who has himself in his own power."

To read our character documents in full, visit www.cityofmissionviejo.org/character.



by Greg Raths

August is traditionally a quiet month in our country. There are no federal holidays, legislators are off for summer break, school is out, and many people are traveling and vacationing. One segment in our society that never seems to take time off is our small business owners. These people work overtime to be successful. In 2017, according to U.S. Census Bureau data, there are almost 6 million employer firms in the United States. Companies with fewer than 20 workers make up 90 percent of businesses.

As one of your councilmembers, I find it critical to support our small business owners. Our City Council recently approved a fee deferral program to assist new businesses going through the building permit process. This program waives the fee to obtain a Certificate

average of \$215. This may appear to be a small figure, but every little bit helps when starting a small business. With the increase of online shopping, I ask

that you find some time to frequent our small shops, restaurants, and shopping centers. For small business owners, check out the Mission Viejo Chamber of Commerce website to help network your profession.

www.missionvieiochamber.com



GET CRAFTY. LEARN A NEW SKILL. EXPAND YOUR IMAGINATION AT THE POTOCKI CENTER

Did you know music classes are offered at our new Potocki Center for the Arts? I recently took Ukulele lessons



by Wendy Bucknum

classes! We now can play Happy Birthday, Twinkle Twinkle Little Star and the classic Smoke on the Water! But it doesn't stop there, we have Arts for All Ages. You can take pottery, painting, chaulk art, marker and pencil art, caligraphy, cartooning, ceramics, photography fairy house and birdhouse crafting, jewelry and stone works, performance arts and various music instruments! Don't miss these wonderful opportunities to enhance your Mission Viejo life experience!

The Potocki Center for the Arts is located adjacent to the World Cup Soccer Fields at 27301 LaPaz Road is open from Monday 9-1, Tuesdays-Friday 12 - 6, Saturday 10-4 and by appointment. Classes are listed in the Mission Viejo Life Magazine and You can browse and register for classes by visiting the cityofmissionviejo.org website and click in the Events or Arts and Culture links. Questions? - call the center at 949-470-8440.



FROM OUR STREETS OF MISSION VIEJO DEPT.

CONVERSATION

BOB RUESCH

MISSION VIEJO'S TOP VECTOR CONTROL GUY

Bob Ruesch is a Mission Viejo Commissioner of Community Services along with being the Orange County Trustee for Vector Control representing Mission Viejo.

You can often find him at one of the recreation centers running and swimming. His interests include not only bugs, but also include flying and motorcycles as well.







What is a Vector?

A mammals, birds, insects or other arthropods which transmit disease pathogens are collectively called "vectors"

How can I tell Fire ants from regular black ants?

Fire ants are in big mounds and are aggressive and bite. Black ants just pretty much eat.

Why is West Nile Virus bad?

Yes, one bite from an infected mosquito can cause permanent neurological damage.

Do the OCMVCD signs in my neighborhood mean the mosquitoes have Yellow Fever?

No, the signs indicate that there are Yellow Fever mosquitoes in the area, but so far none are carrying the deadly virus. Now, if one of those bites a person who already has Yellow Fever, the mosquito could transfer the virus to another person.

Can I get rabies from rats?

Yes, it's possible, but has not yet happened in Orange County.

What is best poison to use for rabbits?

Never use poison for rabbits or rats. Domestic animals are likely to eat the poison.

How much blood does a mosquito suck?

Not much, but it's during the bite and the regurgitation process that the poison and virus are transferred.

Are there ticks in my neighborhood?

Yes, probably. Most are harmless and annoying. Check children often after they've been outdoors.

Bees are in my backyard, will Vector Control remove them?

No, OCMVCD does not remove bees. Call a bee removal company.

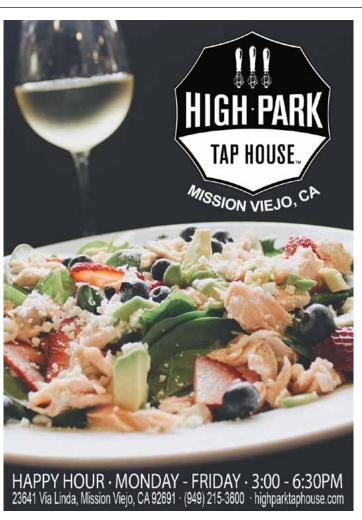
Are crows considered a pest?

Crows help us learn of the presence of West Nile Virus. They are always the first animals to fall victim to it, so when crows die suddenly, they are tested for the virus, helping us to know sooner if the virus is present in our area.

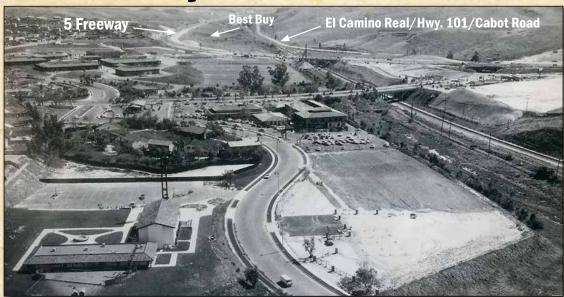
What is your favorite food excluding insects?

I love New Orleans jazz and great southern BBQ. Smoked meats are the Bomb!





Mission Viejo's First Phase Of Construction



The original freeway entrance to the new community of Mission Viejo - La Paz Road - is seen in this 1967 aerial photo looking south.

La Paz meets the I-5 freeway at far right. Then it crosses the railroad tracks and enters the community at Chrisanta Drive. Mission Viejo High School is at the upper left. In the foreground, are Mount of Olives Lutheran Church at left and the site of the first library and the movie theatre at right.



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FROM OUR SWING AND A MISS DEPT.

WHOA! PARDNER!

THE RISE AND FALL OF THE MV VIGILANTES

The Mission Viejo Vigilantes was a minor league baseball team located right here in Mission Viejo. In 1997, the team played in the Western Baseball League, and was not affiliated with any Major League

The Mayor Bill Craycraft and the Vigliantes executives in happier times.

Baseball team. Their home stadium was Mission Viejo Stadium inside Saddleback College. They ceased operations after the 1998 season.

The solemn-looking face framed by a bandanna and a 10-gallon hat was the official logo of the Mission Viejo Vigilantes. Things went downhill quickly for the Vigilantes. The team wanted a

new gigantic state-of-the-art stadium, but with only a handful of people filling the stands each week, the City said "Whoa! Partner!".

The Mission Viejo Vigilantes next play was in court, with the City suing the team and the team suing the city. The City won, and the Vigilantes vacated its offices soon after. The

team disconnected its phone and left no forwarding address, leaving an angry band of creditors wondering when--and if--they might get paid.

Today, the only evidence of the Vigilantes is in the beautiful seats that were removed from the stadium and relocated to the softball fields at Craycraft Park on Alicia.

FROM OUR RESIDENT OF THE MONTH DEPT.

OUTTA Time?

BRINGING THE SERVICE TO YOU

Meet Dave Harwood, our Resident of the Month. Dave has been fixing all types of clocks here in Mission Viejo for over thirty-five years. His specialty is the mother of all clocks, the Grandfather Clock. Repairing grandfather clocks and wind-up wall and mantel clocks is Dave's passion. Dave's Clock Shoppe repairs and services just about every type of clock. Dave's service is now 100% mobile. It's the same great service and he comes to you.



Dave and his family have lived

in Mission Viejo for almost 40 years, in a neighborhood that has consistently won the City of Mission Viejo's "Clark Griswold Award" for Christmas decoration. It's the cul-de-sac, with the

over-the-top, no holds-barred holiday decorations.

Dave says he loves Mission Viejo and can't imagine living or working anywhere else.



VANDALIZED, STOLEN, & BURNED

MISSION VIEJO WOMAN LÓVES HER BUG



Holly Lawyer and her VW Bug meant to be with you."

Meet **Holly Lawyer**. Holly and her 1967 Volkswagen bug have been driving Mission Viejo streets for years. The bug has been stolen, caught fire and was vandalized. During its vandalization phase in the eighty's, the VW was spray painted in psychedelic colors.

When the beetle was stolen, Holly thought she would never see her again, however, Holly's mom saw the bug in a parking lot and recognized the license plate. The cops were called, and Holly was back driving her baby.

When the bug's rear engine caught fire most everyone thought Holly should restore her since Holly has had this car (her first car), ever since she was a senior in high school. One of Holly's friends told her, "She's your baby, and the car was always



Holly said, "She's a vintage 1967, the best year VW ever made". **Kevin Brady**, the owner of Brady's Automotive, fixed her all up with new electrical, new fuel lines, new insulation, and Kevin put in a new engine. \$9600.00 later, she is running great, and no oil leakage. The only thing the beetle needs now is a paint job, and some interior clean-up since the fire damage.

Over the years, many people have offered Holly cash on the spot for this little car. People stop and tell Holly stories of when they had an old bug and say they wished they still had theirs.

Oddest thing that ever happened to Holly and her bug: A lady who was crying, approached Holly and asked if she could get inside and kiss the VW's dashboard, because that's what she did with her 67 every day. Holly said, "Ah, what the heck go ahead", and she did.

Today, Holly takes her English yellow lab with her whenever she can, he loves to ride in the back seat.



Holly's Volkswagen Bug on fire in 2017



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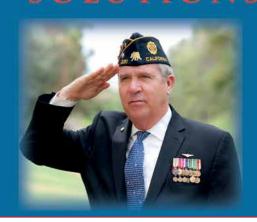
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FROM OUR SCREEN DOOR DEPT.

RENAISSANCE IN MOTION

MISSION VIEJO'S FLORENTINE ARTIST

A Villa can be very similar to a house, but villas are known for being luxurious, with their own gardens, pools and fountains, but most importantly it's the art. One-of-a-kind artwork makes the difference. Meet Mission Viejo resident **Gian Rinaldi**, born near Florence, Italy. Gian is an artist, sculptor and inventor. Gian creates many different mediums of art in his home studio here in Mission Viejo. Lately, he has focused on a very rare medium called "Steel-Mesh Sculpture", taking a screen material and fashioning it into beautiful one-of-a-kind pieces. Gian creates small projects like a life size bust, to a life size steel mesh of Jesus on a cross, that now hangs in a church.



Gian's backyard has scuptures that look like giant pieces of sculpted marble, but are in fact, foam blocks covered in plaster, and then sculpted to look as unfinished pieces of work. Inside his home, Gian created a masterpiece wall mural that looks amazing.

If you'd like to visit Gian and and his wife **Frances** at their home studio and see dozens of incredible works of art, contact Gian at **949 933-0397.**





















The Fairie Crossing at Oso Creek Trail

Along the Oso Creek Trail, there are quite a few of these artistic and miniature fantasyland type homes built at the base of trees and posts. Take the kids out and try and find these cute fairy homes along the trail.













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FROM OUR NOTHING TO DO WITH MISSION VIEJO DEPT.

CRAZY OR (FINIUS

HEDY LAMARR'S DISCOVERED LETTER



Hedy Lamarr, (1914 – 2000) was an American film actress and inventor.

While traveling to London, she met Metro-Goldwyn-Mayer studio head Louis B. Mayer, who offered her a movie contract in Hollywood, where she became a film star from the late 1930s to the 1950s.

Lamarr was also an inventor.

At the beginning of World War

II, she developed a radio guidance system for allied torpedoes the principles of which are incorporated into today's Bluetooth technology.

Lamarr was married six times, bearing two sons and a daughter. Lamarr was often labeled crazy, difficult and ugly, which sent her into seclusion.

In the last decades of her life, the telephone became Lamarr's only means of communication with the outside world, even with her children and close friends.

This note was found in Hedy's desk after her passing:



People are unreasonable, illogical, and self-centered. Love them anyway.

If you do good, people will accuse you of selfish, ulterior motives. Do good anyway.

The biggest people with the biggest ideas will be shot down by the smallest people with the smallest minds. Think big anyway.

What you spent years building may be destroyed overnight. Build anyway.

Give the world the best you have and you'll be kicked in the teeth. Give the world the best you've got anyway.

-Hedy Lamarr

Actress and inventor

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FROM OUR MEET YOUR MERCHANT DEPT.



Third Mission Viejo TARGET On The Way

Coming soon is Mission Viejo's third **Target** store. However, this store is much smaller and more convenient, for a quick pick-up of toilet paper, milk or extreme personal items.

Originally, this location near Crown Valley and Puerta Real was a Safeway Store and later became Sport Chalet. Seen in the vintage picture are **Safeway executives** and Mission Viejo Reporter's RESIDENT OF THE MONTH (June 2018), Mission Viejo Company executive **Jeff Lodder**.

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Mission Viejo's very own advice columnist is a straight shooter and slightly humorous.

A TRIPLE DOSE OF AUNT SANDY

I've had three marriages that have failed. Would I be dishonest if I didn't tell my new girlfriend about these ex-wives?

- Secret Keeper

Dear Keeper.

If you tell your girlfriend that you've have three ex wives, if she's the right kind of woman, she'll give that some thought and probably kick you to the curb. Now, let me tell you something, if you've had three you're going to have four.

- Aunt Sandy

Dear Aunt Sandy,

Is it okay to taste grapes at the grocery store?

- Grape Lover

Dear Grape

You know darn well what a grape tastes like. Either you buy them or you don't buy them. You don't go in there and eat them. However, sneaking a bite here and there is fine, I like to taste the Ben & Jerry Chunky Monkey once in a while myself.

- Aunt Sandy

Dear Aunt Sandy,

How do I get my husband to stop adjusting himself in public?

- Embarrassed in Mission Viejo

Dear Embarrassed.

I know that is true. I know men do that. They grab that thing and shift it around, moving their legs - it's absolutely disgusting. I don't know why they do it, but it looks terrible and is very obnoxious. My suggestion is to give your husband a roll of duct tape and tell him to tape that puppy in place.

- Aunt Sandy

FROM OUR MAKING DOUGH DEPT.

HAN JUST A PI

See Ya at the BallPark!" That's been Jim Poettgen's slogan since 1987. But, the Ballpark he's referring to isn't one with turf and a scoreboard. His "BallPark"

is a haven where people can come to enjoy good food and good times at great prices! Ballpark Pizza is located at 28813 Los Alisos Blvd. here in Mission Viejo.

Jim's family moved to Mission Viejo from Santa Ana in 1968 when his dad was hired at Saddleback College. Jim's first jobs back then were working at Old McDonald's Farm and the Mission Viejo Country Club

> Throughout his high school years, he worked his way from busboy to cook at local restaurants.

> Jim played football at Saddleback College where he earned the title Gaucho of the Year in 1975, and he went on to play football at Cal Poly Pomona. During his college years, Jim continued working as a cook at Marie Callenders and Lord Charleys. Jim graduated with a BS in Hotel and Restaurant Management after submitting his senior project for a sports-themed restaurant.

> In 1987, he decided it was time to step out on his own and fulfill his dream. With a couple of partners and a big loan, he was able to open his first BallPark

Pizza in Laguna Niguel. For over 30 years, Jim has employed a bunch of people, taken an active role in community events, and he makes the best pizzas with the best ingredients. Next time the family or team wants to enjoy pizza and drinks ... "See Ya at the BallPark!"









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ALONGAIL THE

MISSION VIEJO ROTARY MEMORIAL GARDEN



One of the most popular stops along the Oso Creek Trail is the Rotary Memorial Garden. Mission Viejo Rotarians occasionally plant trees in this pristine area, and once a year hold their morning meeting under

the trees and reflect upon members who've made the trip to heaven.

Getting to the grove is exciting, because now along the route, tiny fairies have built their homes at the bottom of the pathway trees and fence posts. There are dozens of these beautiful little homes for kids to examine, if they can find them.



FROM OUR ROMANTIC MISSION VIEJO DEPT.

WHAT'S IN ANAME

HOW DID MISSION VIEJO GET ITS NAME?



Intrigue surrounds the very name "Mission Viejo". Does it imply that it was the original site – as in the "old" or "former" mission? In Spanish, the word is really spelled misión and has feminine gender. Thus, in order to agree with the noun, the adjective for misión should have a feminine ending – vieja.

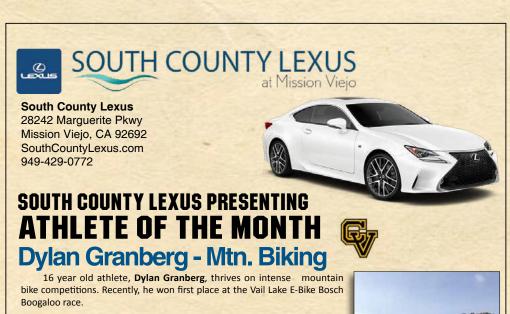
_{J-5 near La Paz Road} 1960

We know that the modern city was named for the 1845 rancho land grant — which itself was referred to variously as "Mission Vieja", "Mission Vieja", and as "La Paz".

La Paz translates as "the peace", so there is an undefinable, yet very romantic quality in each word of the now famous Mission Viejo name and of its first main street – La Paz Road.







What started as a fun outdoor activity with his family, mountain biking has become his favorite sport. Eager to challenge himself, he started practicing down Big Bear trails and later went on to bike racing. His level of commitment for the last six years pushed him to enter the Snow Summit downhill mountain bike series, Vail Lake SoCal Enduro series, and the Fontana winter series (coming in second overall). With every race, Dylan's focus remains on tackling those

hard, technical descends - not just for the win, but to avoid injuries.

Riding uneven terrain and making sharp turns at high speeds requires extreme concentration, exceptional core strength and muscle endurance. Recovery time is also essential in keeping his body in top shape. Adding to his contitioning are two more sports that he equally enjoys: MOTOCROSSING with his friends and SURFING with the Capistrano Valley HS surf team.







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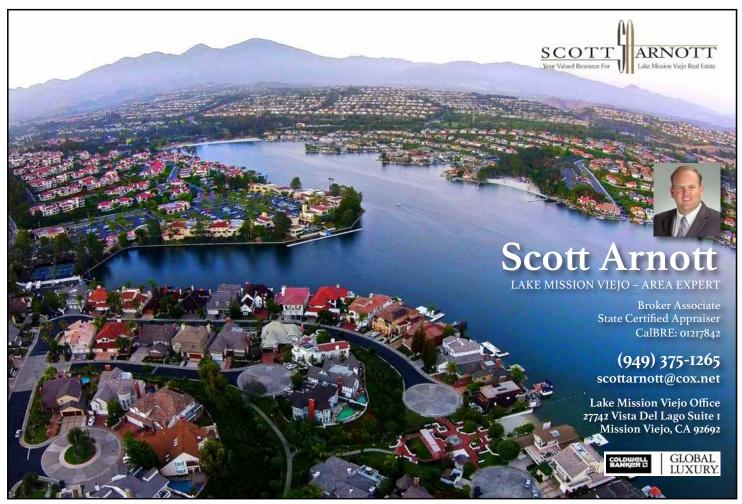
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